



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Noel Grimes

ICE ID : 159 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Wild Water Armagh, Ireland

03-Dec-2016

1.0000 mile / 1.61km in 35:35 minutes

Water 4.07°C, Wind Chill 4.50°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

