



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kevin Dennehy

ICE ID : 378 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Camlough Lake, Newry, Co Down, Ireland

01-Jan-2020

1.0000 mile / 1.61km in 46:20 minutes

Water 5.00°C, Wind Chill 5.00°C

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

