



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Ailbhe Dempsey**

ICE ID : 379 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Two Mile Gate, Clare Ireland

12-Feb-2020

1.0000 mile / 1.61km in 43:55 minutes

Water 4.80°C, Wind Chill -1.10°C

**YOU ARE OFFICIALLY FROZEN**

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

