

CERTIFICATE OF MEMBERSHIP

This is to certify that

James David William Dennis Allen

ICE ID : 290 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Hatfield, England 19-Jan-2019

1.0000 mile / 1.61km in 49:32 minutes Water 4.63°C, Wind Chill 2.00°C

> YOU ARE OFFICIALLY FROZEN Extreme ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com