



CERTIFICATE OF MEMBERSHIP

This is to certify that
Benjamin Freeman

ICE ID : 323 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Crackenback, NSW, Australia
02-Jun-2019

1.0800 mile / 1.74km in 23:54 minutes

Water 4.80°C, Wind Chill 5.30°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

