

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Brian Dillon

ICE ID: 369 - ICE MILE: 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Mill Road ,Limerick City, Ireland 31-Jan-2021

1.0000 mile / 1.61km in 43:48 minutes Water 4.67°C, Wind Chill 1.10°C

YOU ARE OFFICIALLY FROZEN



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



