



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Adrian Sarchet**

ICE ID : 253 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lough Dan, County Wicklow, Ireland

03-Feb-2018

1.0000 mile / 1.61km in 35:30 minutes

Water 4.23°C, Wind Chill 3.20°C

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

