



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Krzysztof Kubiak

ICE ID : 412 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake E?ckie, E?k, Poland

03-Apr-2022

Distance World Record

2.9200 mile / 4.7km in 1:23:18

Water 3.87°C, Wind Chill -1.20°C, Altitude 127m, 53.49° N

YOU ARE OFFICIALLY FROZEN

Extreme ICE MILE

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

