

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kate Steels

ICE ID: 110 - ICE MILE: 8

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Lake Lyndon, New Zealand 31-Aug-2019

1.0500 mile / 1.69km in 31:57 minutes Water 3.93°C, Wind Chill 4.50°C

YOU ARE OFFICIALLY FROZEN
5+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



