



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nikki Pope**

ICE ID : 236 - ICE MILE : 6

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Grunnfjord Tromso Norway N70.01.090**

**19-Feb-2020**

**1.0000 mile / 1.61km in 39:43 minutes**

**Water 3.80°C, Wind Chill -9.00°C, 70.01° N**

**YOU ARE OFFICIALLY FROZEN**

**Polar, 5+ ICE MILE**

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

