



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nikki Pope**

ICE ID : 236 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Hatfield England**

**19-Jan-2019**

**1.0000 mile / 1.61km in 50:12 minutes**

**Water 4.63°C, Wind Chill 1.80°C**

**YOU ARE OFFICIALLY FROZEN**

**Extreme ICE MILE**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

