



CERTIFICATE OF MEMBERSHIP

This is to certify that
Kieron Palframan

ICE ID : 3 - ICE MILE : 1

has successfully qualified as an ICE member of the
INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Fraserburg, RSA
17-Jul-2010

1.0000 mile / 1.61km in 28:00 minutes

Water 4.50°C, Wind Chill 5.00°C

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

