

CERTIFICATE OF MEMBERSHIP

This is to certify that

Dorte Lyager

ICE ID: 330 - ICE MILE: 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Havnebadet, Aalborg, Denmark 30-Nov-2019

1.0000 mile / 1.61km in 40:29 minutes Water 4.40°C, Wind Chill 3.90°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com