

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Philip Jackson

ICE ID: 205 - ICE MILE: 5

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Hatfield, England 09-Feb-2019

1.0200 mile / 1.64km in 27:33 minutes Water 4.53°C, Wind Chill 8.10°C

YOU ARE OFFICIALLY FROZEN
5+ ICE MILE



Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com



