



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Philip Jackson

ICE ID : 205 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield, England

03-Feb-2018

1.0200 mile / 1.64km in 28:05 minutes

Water 4.00°C, Wind Chill 1.00°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

