

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alison Howard

ICE ID : 196 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature of 5.00°C or lower

Hatfield Outdoor Activity Centre 27-Jan-2018

1.0000 mile / 1.61km in 39:02 minutes Water 3.87°C, Wind Chill 3.90°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION www.internationaliceswimming.com