



CERTIFICATE OF ACHIEVEMENT

This is to certify that

David Coleman

ICE ID : 190 - ICE MILE : 4

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Race Hub, Melton Mowbray

07-Mar-2020

1.1700 mile / 1.88km in 38:31 minutes

Water 4.77°C, Wind Chill 3.10°C

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

