



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ram Barkai**

ICE ID : 1 - ICE MILE : 8

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Vltava River, Branik, Prague, Czech Republic

31-Dec-2014

1.0300 mile / 1.66km in 30:00 minutes

Water 4.60°C, Wind Chill -2.00°C

**YOU ARE OFFICIALLY FROZEN**

5+ ICE MILE

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

