



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Pauline Barker**

ICE ID : 72 - ICE MILE : 5

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Harthill reservoir, Yorkshire, England

23-Nov-2016

1.0000 mile / 1.61km in 52:00 minutes

Water 4.73°C, Wind Chill 4.00°C, 53.32° N

YOU ARE OFFICIALLY FROZEN

5+ ICE MILE

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

