



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Fergil Hesterman

ICE ID : 148 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



USA, Boston, Curley Community Centre/L Street
09-Mar-2017

1.1700 mile / 1.88km in 25:25 minutes

Water 4.63°C, Wind Chill 4.00°C, 42.33° N

YOU ARE OFFICIALLY FROZEN

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION
www.internationaliceswimming.com

