



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Claire Ryan**

ICE ID : 160 - ICE MILE : 3

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Wild Water Armagh, Ireland

14-Jan-2017

1.0000 mile / 1.61km in 49:15 minutes

Water 2.03°C, Wind Chill 3.00°C, 54.35° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

