



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Jaimie Monahan

ICE ID : 178 - ICE MILE : 3

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Aguelmame Sidi Ali Lake. Morocco
13-Feb-2017

1.0200 mile / 1.64km in 32:18 minutes

Water 4.90°C, Wind Chill -0.50°C, 33.08° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

