



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan

ICE ID : 355 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



LAKE WORTHERSEE AUSTRIA

17-Feb-2023

1.0000 mile / 1.61km in 42:42 minutes

Water 4.90°C, Wind Chill 4.10°C, Altitude 480m, 46.37° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

