



CERTIFICATE OF ACHIEVEMENT

This is to certify that
Susan Penaluna

ICE ID : 239 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Kit Hill Quarry, England

24-Feb-2018

1.0000 mile / 1.61km in 49:15 minutes

Water 2.97°C, Wind Chill -5.80°C, 50.52° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

