



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Paddy Bond**

ICE ID : 163 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh N Ireland**

**10-Mar-2018**

1.0000 mile / 1.61km in 27:57 minutes

Water 4.63°C, Wind Chill 6.00°C, 54.35° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

