



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah Thomas

ICE ID : 136 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Chatfield Gravel Pond, Littleton, CO USA

11-Dec-2021

1.0100 mile / 1.63km in 28:11 minutes

Water 3.40°C, Wind Chill 2.80°C, Altitude 1655m, 39.55° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, overlapping arrangement.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

