



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Finbarr Hedderman**

ICE ID : 44 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Lough Dan, Co. Wicklow, Ireland

22-Feb-2014

1.0000 mile / 1.61km in 31:27 minutes

Water 3.30°C, Wind Chill 3.00°C, 53.07° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" in a stylized, cursive font.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

