



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Vera Rivard**

ICE ID : 500 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



M Street Beach, Boston, MA, USA

01-Mar-2024

1.2100 mile / 1.95km in 39:11 minutes

Water 4.43°C, Wind Chill 1.00°C, Altitude 0m, 42.32° N

**YOU ARE OFFICIALLY FROZEN**

**Ram Barkai (Chairman)**

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

