



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nicola Doran

ICE ID : 502 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Lake Aguelmam Sidi Ali, Khenifry, Morocco

25-Feb-2024

1.0000 mile / 1.61km in 31:58 minutes

Water 4.57°C, Wind Chill -0.90°C, Altitude 0m, 33.00° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

