



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Joanna Stokoe**

ICE ID : 453 - ICE MILE : 2

has successfully completed an ICE Mile according to the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Parliament Hill Lido, London, Uk

22-Jan-2023

1.0200 mile / 1.64km in 37:43 minutes

Water 2.67°C, Wind Chill 4.00°C, Altitude 98m, 51.56° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

