



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Dorte Lyager

ICE ID : 330 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Havnebadet, Aalborg, Denmark

30-Nov-2021

1.0000 mile / 1.61km in 36:05 minutes

Water 4.27°C, Wind Chill 2.60°C, Altitude 0m, 57.05° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

