



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Alison Howard

ICE ID : 196 - ICE MILE : 2

has successfully completed an ICE Mile according to the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Hatfield Outdoor Activity Centre

27-Jan-2018

1.0000 mile / 1.61km in 39:02 minutes

Water 3.87°C, Wind Chill 3.90°C, 53.58° N

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

