



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Therese Molyneux**

ICE ID : 347 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



**Wild Water Armagh, N Ireland**

**10-Mar-2019**

1.0000 mile / 1.61km in 27:00 minutes

Water 4.60°C, Wind Chill 5.00°C, 54.35° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read 'RAB', written over a blue background.

**Ram Barkai (Chairman)**



**INTERNATIONAL ICE SWIMMING ASSOCIATION**

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

