



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Josefina Polakova**

ICE ID : 511 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Labe river, Hradec Kralove, Czech Republic

05-Mar-2023

1.0000 mile / 1.61km in 54:30 minutes

Water 3.08°C, Wind Chill -2.70°C, Altitude 233m, 50.21° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read 'RAB', written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

