



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Dawn Quennell**

ICE ID : 494 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



The Falcon, Castle Ashby, Northamptonshire, UK

08-Feb-2023

1.0800 mile / 1.74km in 44:23 minutes

Water 3.97°C, Wind Chill 4.10°C, Altitude 72m, 52.13° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB", written over a blue background.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

