



CERTIFICATE OF MEMBERSHIP

This is to certify that

Rachel Armstrong

ICE ID : 527 - ICE MILE : 1

has successfully qualified as an ICE member of the

INTERNATIONAL ICE SWIMMING ASSOCIATION

by completing a minimum of One Statute mile [1609m] in water temperature
of 5.00°C or lower



Blue Lake, St Bathans, Otago, New Zealand

09-Jul-2023

1.0191 mile / 1.64km in 27:23 minutes

Water 4.10°C, Wind Chill 2.30°C, Altitude 576m, 44.87° S

YOU ARE OFFICIALLY FROZEN

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)



INTERNATIONAL ICE SWIMMING ASSOCIATION

www.internationaliceswimming.com

