



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Lucy Ashdown Parkes**

ICE ID : 444 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Hatfield, Doncaster, UK

29-Jan-2022

1.0200 mile / 1.64km in 33:44 minutes

Water 4.99°C, Wind Chill 10.10°C, Altitude 0m, 53.58° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

