



## CERTIFICATE OF MEMBERSHIP

This is to certify that  
**Annabel Médard**  
ICE ID : 404 - ICE MILE : 1

has successfully qualified as an ICE member of the  
**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Surfplas Reeuwijk, The Netherlands  
13-Feb-2021

1.0000 mile / 1.61km in 52:24 minutes  
Water 0.76°C, Wind Chill -17.90°C, 52.06° N

**YOU ARE OFFICIALLY FROZEN**  
Extreme, Zero ICE MILE

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION  
[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

