



# CERTIFICATE OF MEMBERSHIP

This is to certify that

**Nichola Murch**

ICE ID : 495 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Parliament Hill Lido, London, England

10-Feb-2023

1.0200 mile / 1.64km in 26:02 minutes

Water 4.70°C, Wind Chill 2.00°C, Altitude 46m, 51.56° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, consisting of the letters "R", "A", and "B" intertwined.

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

