



## CERTIFICATE OF MEMBERSHIP

This is to certify that

**Helen Smith**

ICE ID : 299 - ICE MILE : 1

has successfully qualified as an ICE member of the

**INTERNATIONAL ICE SWIMMING ASSOCIATION**

by completing a minimum of One Statute mile [1609m] in water temperature  
of 5.00°C or lower



Andark Lake, Southampton, England

10-Feb-2019

1.0000 mile / 1.61km in 44:34 minutes

Water 4.97°C, Wind Chill 3.70°C, 50.88° N

**YOU ARE OFFICIALLY FROZEN**

A handwritten signature in black ink, appearing to read "RAB".

Ram Barkai (Chairman)

INTERNATIONAL ICE SWIMMING ASSOCIATION

[www.internationaliceswimming.com](http://www.internationaliceswimming.com)

