



## EVENT RESULTS

## Amstel Ice Swim

Sat, 28 Dec 2019 - Sun, 29 Dec 2019

Amsterdam, The Amstel, Netherlands



## 1000m Freestyle Results

## OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	christof wandratsch (53)	Ice	15:39.96				
2	Fergil Hesterman (26)	Ice	16:02.88				
3	Marcus Reineke (50)	Ice	17:25.43				
4	Thorsten Ullrich-Stegemann (53)	Cold	17:44.76				
5	Alexander Schilder (28)	Cold	18:44.92				
6	Albert Stienezen (54)	Ice	19:47.43				
7	Martin Kuchenmeister (50)	Cold	20:13.96				
8	Florian Battermann (45)	Ice	20:29.66				
9	Lorenzo N. Lapo Sarfatti (44)	Cold	21:30.92				
10	Peter Bond (28)	Warm	22:30.23				
11	alexandre fuzeau (53)	Ice	23:11.07				
12	Götz Paschen (51)	Cold	23:59.29				
13	Chris Laubscher (35)	Warm	24:11.01				
14	Itamar Nitzan (44)	Warm	28:25.49				

## OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kyra Wijnker (21)	Cold	15:54.65				
2	Samantha Whelpton (34)	Cold	18:41.84				
3	Ailén Lascano Micaz (28)	Ice	18:49.75				
4	Kate Steels (50)	Ice	19:19.84				
5	Nikola Kopecká (18)	Cold	19:48.09				
6	Birna Hrönn Sigurjósðóttir (47)	Ice	20:08.91				
7	Rachel Doyle (31)	Ice	20:10.17				
8	Gerda Holla (46)	Ice	20:55.78				
9	Andrea Startin (45)	Ice	21:42.43				
10	Maria Stelzer (34)	Cold	22:34.15				
11	Cath Pendleton (47)	Ice	23:29.60				
12	Jaimie Monahan (40)	Ice	24:19.31				
13	Anja Binder (32)	Ice	28:48.18				

## Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

## Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

## Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

## Age 18 to 24 (Female)



CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kyra Wijnker (21)	Cold	15:54.65				
2	Nikola Kopecká (18)	Cold	19:48.09				

## Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Fergil Hesterman (26)	Ice	16:02.88				

## Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Ailén Lascano Micaz (28)	Ice	18:49.75				

2		Alexander Schilder (28)	Cold	18:44.92
3		Peter Bond (28)	Warm	22:30.23

## Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

## Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Samantha Whelpton (34)	Cold	18:41.84			
2		Rachel Doyle (31)	Ice	20:10.17			
3		Maria Stelzer (34)	Cold	22:34.15			
4		Anja Binder (32)	Ice	28:48.18			


## Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Chris Laubscher (35)	Warm	24:11.01			


## Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

## Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lorenzo N. Lapo Sarfatti (44)	Cold	21:30.92			
2		Itamar Nitzan (44)	Warm	28:25.49			

## Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (40)	Ice	24:19.31			

## Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Florian Battermann (45)	Ice	20:29.66			

## Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birna Hrönn Sigurjósðottir (47)	Ice	20:08.91			
2		Gerda Holla (46)	Ice	20:55.78			
3		Andrea Startin (45)	Ice	21:42.43			
4		Cath Pendleton (47)	Ice	23:29.60			

## Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	15:39.96			
2		Marcus Reineke (50)	Ice	17:25.43			
3		Thorsten Ullrich-Stegemann (53)	Cold	17:44.76			
4		Albert Stienezen (54)	Ice	19:47.43			
5		Martin Kuchenmeister (50)	Cold	20:13.96			
6		alexandre fuzeau (53)	Ice	23:11.07			
7		Götz Paschen (51)	Cold	23:59.29			

## Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kate Steels (50)	Ice	19:19.84			

## Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

NONE

**Age 60 to 64 (Male)**

**Age 60 to 64 (Female)**

CA Swimmer Name IISA Time AR ER WR WC

CA Swimmer Name IISA Time AR ER WR WC

NONE

NONE

**Age 65 to 69 (Male)**

**Age 65 to 69 (Female)**

CA Swimmer Name IISA Time AR ER WR WC

CA Swimmer Name IISA Time AR ER WR WC

NONE

NONE

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 500m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	07:37.80				
2		Sven Elfferich (18)	Cold	07:54.42				
3		Fergil Hesterman (26)	Ice	07:58.41				
4		Rory Fitzgerald (61)	Ice	08:21.56				
5		Thorsten Ullrich-Stegemann (53)	Cold	08:57.13				
6		Lars Mack (44)	Ice	09:04.92				
7		Tobias Prüßner (39)	Cold	09:13.72				
8		Albert Stienezen (54)	Ice	09:25.56				
9		Alexander Schilder (28)	Cold	09:35.20				
10		Martin Kuchenmeister (50)	Cold	09:44.35				
11		Florian Battermann (45)	Ice	09:46.90				
12		Götz Paschen (51)	Cold	11:10.46				
13		Theo van der Meer (54)	Ice	11:21.27				
14		Alexander Docter (49)	Cool	11:32.20				
15		Philippe OUDOT (50)	Warm	12:56.32				
16		Jan Willem Zuilhof (57)	Cold	13:04.89				
17		Jonty Warneken (47)	Ice	13:40.74				
18		Luciano Santambrogio (59)	Warm	13:56.38				
19		Gary Scott-Lloyd (62)	Warm	16:10.01				
20		Kuc Philippe (53)	Warm	18:18.19				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (21)	Cold	07:58.43				
2		Ailén Lascano Micaz (28)	Ice	09:18.82				
3		Kate Steels (50)	Ice	09:28.81				
4		Rachel Doyle (31)	Ice	09:54.41				
5		Nikola Kopecká (18)	Cold	10:10.94				
6		Inge Wolfs (59)	Cool	10:23.10				
7		Britta Uhde (49)	Cold	10:26.36				
8		Marit Boots (46)	Warm	10:32.72				
9		Birna Hrönn Sigurjósdotir (47)	Ice	10:46.62				
10		tina deeken (43)	Cool	11:04.50				
11		Maria Stelzer (34)	Cold	11:09.79				
12		Erin Churchill (38)	Ice	11:23.16				
13		Susan Douglas (56)	Warm	11:39.80				
14		Birgit Becher (53)	Cold	11:42.94				
15		Orla Doyle (58)	Cool	12:42.47				
16		Val Greenwood (66)	Warm	12:56.60				
17		Dorien Kuin (37)	Warm	13:06.94				
18		Mirjam van Nimwegen (50)	Cold	13:55.70				
19		susan houbraken (46)	Warm	14:17.85				
20		Els Wermenbol (65)	Cold	14:31.60				
21		Patrizia Ballabio (56)	Warm	15:27.96				
22		POLARD Caroline (39)	Warm	15:55.45				
23		daiana farrer (33)	Cold	16:30.85				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sven Elfferich (18)	Cold	07:54.42				


## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kyra Wijnker (21)	Cold	07:58.43				
2		Nikola Kopecká (18)	Cold	10:10.94				

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (26)	Ice	07:58.41				
2		Alexander Schilder (28)	Cold	09:35.20				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ailén Lascano Micaz (28)	Ice	09:18.82				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rachel Doyle (31)	Ice	09:54.41				
2		Maria Stelzer (34)	Cold	11:09.79				
3		daiana farrer (33)	Cold	16:30.85				

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (39)	Cold	09:13.72				


## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Erin Churchill (38)	Ice	11:23.16				
2		Dorien Kuin (37)	Warm	13:06.94				
3		POLARD Caroline (39)	Warm	15:55.45				




## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Lars Mack (44)	Ice	09:04.92				

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	11:04.50				

## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Florian Battermann (45)	Ice	09:46.90				
2		Alexander Docter (49)	Cool	11:32.20				
3		Jonty Warneken (47)	Ice	13:40.74				




## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (49)	Cold	10:26.36				
2		Marit Boots (46)	Warm	10:32.72				
3		Birna Hrönn Sigurjósdotir (47)	Ice	10:46.62				
4		susan houbraken (46)	Warm	14:17.85				

## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	07:37.80				
2		Thorsten Ullrich-Stegemann (53)	Cold	08:57.13				
3		Albert Stienezen (54)	Ice	09:25.56				
4		Martin Kuchenmeister (50)	Cold	09:44.35				
5		Götz Paschen (51)	Cold	11:10.46				
6		Theo van der Meer (54)	Ice	11:21.27				
7		Philippe OUDOT (50)	Warm	12:56.32				
8		Kuc Philippe (53)	Warm	18:18.19				

## Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kate Steels (50)	Ice	09:28.81				
2		Birgit Becher (53)	Cold	11:42.94				
3		Mirjam van Nimwegen (50)	Cold	13:55.70				

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jan Willem Zuilhof (57)	Cold	13:04.89				
2		Luciano Santambrogio (59)	Warm	13:56.38				

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (59)	Cool	10:23.10				
2		Susan Douglas (56)	Warm	11:39.80				
3		Orla Doyle (58)	Cool	12:42.47				
4		Patrizia Ballabio (56)	Warm	15:27.96				

**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Rory Fitzgerald (61)	Ice	08:21.56				
2		Gary Scott-Lloyd (62)	Warm	16:10.01				

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Val Greenwood (66)	Warm	12:56.60				
2		Els Wermenbol (65)	Cold	14:31.60				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## Disabled Category: 500m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonty Warneken (47)	Ice	13:40.74				

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	11:04.50				

### Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	11:04.50				

### Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonty Warneken (47)	Ice	13:40.74				

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level








	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Paul Bieber (36)	Ice	03:10.55				

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		POLARD Caroline (39)	Warm	05:26.31				


## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (42)	Cool	02:58.15				
2		Lars Mack (44)	Ice	03:06.85				

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	04:01.19				
2		Jaimie Monahan (40)	Ice	04:19.16				


## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonty Warneken (47)	Ice	05:07.80				
2		Carlo Pappot (49)	Warm	05:42.12				

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (49)	Cool	03:42.59				
2		Martina Kopecká (47)	Cool	08:07.23				

## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	02:46.39				
2		Marcus Reineke (50)	Ice	03:14.31				
3		Philippe OUDOT (50)	Warm	04:38.09				
4		Kuc Philippe (53)	Warm	07:03.38				




## Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Becher (53)	Cool	03:59.25				
2		Elisabeth de Vries (50)	Warm	06:19.47				



## Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Luciano Santambrogio (59)	Warm	05:18.22				

## Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Inge Wolfs (59)	Cool	03:38.40				
2		Susan Douglas (56)	Warm	04:17.38				
3		Orla Doyle (58)	Cool	04:45.43				

## Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sandro Schutte (64)	Warm	04:04.19				
2		Gary Scott-Lloyd (62)	Warm	06:48.54				

## Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 65 to 69 (Female)


	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Val Greenwood (66)	Warm	04:52.61				
2		Els Wermenbol (65)	Cool	06:09.22				

## Disabled Category: 200m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonty Warneken (47)	Ice	05:07.80				

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	04:01.19				

### Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	04:01.19				

### Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jonty Warneken (47)	Ice	05:07.80				

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

# 100m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	01:19.80				
2		Raymond Oosterbaan (42)	Cold	01:23.00				
3		Lars Mack (44)	Ice	01:29.50				
4		Tobias Prüßner (39)	Cold	01:29.54				
5		Alexander Schilder (28)	Cold	01:34.00				
6		Piotr Czyz (38)	Cool	01:37.76				
7		Paul Bieber (36)	Ice	01:44.53				
8		Luciano Santambrogio (59)	Warm	01:59.98				
9		Max Garaffa (23)	Warm	02:10.59				
10		Paul Bygrave (57)	Cool	04:17.46				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Samantha Whelpton (34)	Cold	01:23.00				
2		tina deeken (43)	Cool	01:40.54				
3		Jaimie Monahan (40)	Ice	01:42.35				
4		Birgit Becher (53)	Cold	01:45.32				
5		Martine Stam (26)	Warm	02:03.00				
6		Rosita Pos (54)	Cool	02:08.58				
7		Margrit Rudolph (65)	Cool	02:13.38				
8		daiana farrer (33)	Cold	02:31.99				
9		Martina Kopecká (47)	Cool	03:09.44				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Max Garaffa (23)	Warm	02:10.59				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alexander Schilder (28)	Cold	01:34.00				

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Martine Stam (26)	Warm	02:03.00				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Samantha Whelpton (34)	Cold	01:23.00				
2		daiana farrer (33)	Cold	02:31.99				

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (39)	Cold	01:29.54				
2		Piotr Czyz (38)	Cool	01:37.76				
3		Paul Bieber (36)	Ice	01:44.53				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (42)	Cold	01:23.00				

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		tina deeken (43)	Cool	01:40.54				


2  Lars Mack (44) Ice 01:29.502  Jaimie Monahan (40) Ice 01:42.35**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Martina Kopecká (47)	Cool	03:09.44				

**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 christof wandratsch (53)	Ice	01:19.80				

**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Birgit Becher (53)	Cold	01:45.32				
2	 Rosita Pos (54)	Cool	02:08.58				

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Luciano Santambrogio (59)	Warm	01:59.98				
2	 Paul Bygrave (57)	Cool	04:17.46				

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Margrit Rudolph (65)	Cool	02:13.38				

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## Disabled Category: 100m Freestyle Results


### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	01:40.54				

### Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	01:40.54				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 50m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (39)	Cold	00:30.57				
2		Raymond Oosterbaan (42)	Cold	00:31.07				
3		Paul Bieber (36)	Ice	00:31.80				
4		christof wandratsch (53)	Ice	00:32.02				
5		Lars Mack (44)	Ice	00:32.76				
6		Florian Battermann (45)	Ice	00:36.73				
7		Marcello Giunta (34)	Warm	00:39.18				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ailén Lascano Micaz (28)	Ice	00:38.49				
2		Britta Uhde (49)	Cold	00:39.42				
3		Jaimie Monahan (40)	Ice	00:39.79				
4		Anja Binder (32)	Ice	00:40.81				
5		Birgit Becher (53)	Cold	00:40.97				
6		tina deeken (43)	Cool	00:43.34				
7		Margrit Rudolph (65)	Cool	00:51.73				
8		daiana farrer (33)	Cold	00:53.15				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ailén Lascano Micaz (28)	Ice	00:38.49				

## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcello Giunta (34)	Warm	00:39.18				

## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Anja Binder (32)	Ice	00:40.81				
2		daiana farrer (33)	Cold	00:53.15				

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tobias Prüßner (39)	Cold	00:30.57				
2		Paul Bieber (36)	Ice	00:31.80				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (42)	Cold	00:31.07				
2		Lars Mack (44)	Ice	00:32.76				

## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (40)	Ice	00:39.79				
2		tina deeken (43)	Cool	00:43.34				

## Age 45 to 49 (Male)

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Florian Battermann (45)	Ice	00:36.73				

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (49)	Cold	00:39.42				

**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		christof wandratsch (53)	Ice	00:32.02				

**Age 50 to 54 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Becher (53)	Cold	00:40.97				

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Margrit Rudolph (65)	Cool	00:51.73				

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## Disabled Category: 50m Freestyle Results


### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


### Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	00:43.34				

### Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 tina deeken	Cool	00:43.34				

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level



**EVENT DETAILS****Amstel Ice Swim  
Sat, 28 Dec 2019 - Sun, 29 Dec 2019  
Amsterdam, The Amstel**

<b>Country:</b>	Netherlands	<b>Water Temperature:</b>	5.30°C
<b>Country Association:</b>	Netherlands	<b>Air Temperature:</b>	1.00°C
<b>World Champs:</b>	No	<b>Wind Speed:</b>	13.0 km/h
<b>National Champs:</b>	No	<b>Wind Chill:</b>	-2.8°C
<b>Referee:</b>	Cor Hesterman	<b>Course:</b>	Open Water
<b>Medical Officer:</b>	Jacobus Guijt	<b>Fresh/Salt Water:</b>	Fresh
<b>IISA Official:</b>	Richard Broer	<b>Event Distances:</b>	1000m Freestyle 500m Freestyle 200m Freestyle 100m Freestyle 50m Freestyle 4 x 50m Mixed Freestyle Relay
<b>Event Director:</b>	Fergil Hesterman		
<b>Event Contact:</b>	Fergil Hesterman		
<b>Event Email:</b>	fergil@iisa.nl		