



EVENT RESULTS

Amstel Ice Swim

Sat, 30th December, 2017

Amsterdam, Netherlands



1000m Freestyle Results

OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Fergil Hesterman (24)	Ice	15:29.54				
2	Stefan Runge (50)	Cold	16:49.26				
3	Marcus Reineke (48)	Ice	17:13.16				
4	Raymond Oosterbaan (40)	Cold	18:01.69				
5	Alexander Schilder (26)	Cold	19:38.83				
6	Michiel land (43)	Cold	22:11.93				
7	Florian Battermann (43)	Ice	22:30.32				
8	alexandre fuzeau (51)	Ice	24:25.70				
9	REDY REDFERN (59)	Cold	28:34.20				

OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Victoria Mori (24)	Cold	16:55.06				
2	Margot Stenveld (29)	Cold	18:13.70				
3	Yasmine Pliessnig (20)	Ice	23:28.14				
4	sharon blackwell (53)	Cold	26:36.18				
5	Kiki Bosch (24)	Cold	29:00.99				
6	Pauline Barker (54)	Ice	29:27.63				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Fergil Hesterman (24)	Ice	15:29.54				

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Victoria Mori (24)	Cold	16:55.06				
2	Yasmine Pliessnig (20)	Ice	23:28.14				
3	Kiki Bosch (24)	Cold	29:00.99				

Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Alexander Schilder (26)	Cold	19:38.83				

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Margot Stenveld (29)	Cold	18:13.70				

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (40)	Cold	18:01.69				
2		Michiel land (43)	Cold	22:11.93				
3		Florian Battermann (43)	Ice	22:30.32				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcus Reineke (48)	Ice	17:13.16				


Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (50)	Cold	16:49.26				
2		alexandre fuzeau (51)	Ice	24:25.70				

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		sharon blackwell (53)	Cold	26:36.18				
2		Pauline Barker (54)	Ice	29:27.63				

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		REDY REDFERN (59)	Cold	28:34.20				

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

500m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sven Elfferich (16)	Cold	07:18.44				
2		Fergil Hesterman (24)	Ice	07:40.23				
3		Stefan Runge (50)	Cold	08:18.19				
4		Arnout Angenent (45)	Cold	10:21.55				
5		alexandre fuzeau (51)	Ice	12:10.45				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Victoria Mori (24)	Cold	08:19.67				
2		Birgit Bonauer (31)	Cold	09:10.48				
3		Britta Uhde (47)	Cold	10:38.61				
4		marije Dirx (35)	Cold	10:39.12				
5		Ingrid Machiels (44)	Cold	12:00.09				
6		Kathrin Runge (48)	Cold	12:03.02				
7		Eskil Elfferich (47)	Cool	13:37.17				
8		Marina Bekisz (57)	Cool	13:57.86				
9		Els Wermenbol (63)	Cold	14:27.85				


Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sven Elfferich (16)	Cold	07:18.44				

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Fergil Hesterman (24)	Ice	07:40.23				

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Victoria Mori (24)	Cold	08:19.67				

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	09:10.48				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		marije Dirx (35)	Cold	10:39.12				

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ingrid Machiels (44)	Cold	12:00.09				

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Arnout Angenent (45)	Cold	10:21.55				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (47)	Cold	10:38.61				

2  Kathrin Runge (48) Cold 12:03.023  Eskil Elfferich (47) Cool 13:37.17**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (50)	Cold	08:18.19				
2		alexandre fuzeau (51)	Ice	12:10.45				


Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marina Bekisz (57)	Cool	13:57.86				

Age 60 to 64 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 60 to 64 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Els Wermenbol (63)	Cold	14:27.85				

Age 65 to 69 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 65 to 69 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

200m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Stefan Runge (50)	Cold	03:09.29				
2		Raymond Oosterbaan (40)	Cold	03:11.60				
3		Marcus Reineke (48)	Ice	03:14.51				
4		Martin Kuchenmeister (48)	Cold	03:39.33				
5		Mark Thies (48)	Cold	03:40.82				
6		alexandre fuzeau (51)	Ice	04:17.60				
7		Mark Koitka (39)	Cold	05:16.76				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	03:24.98				
2		Britta Uhde (47)	Cold	03:51.07				
3		Antje Mexner (48)	Ice	03:58.76				
4		Kathrin Runge (48)	Cold	04:25.74				
5		Barbara van Paassen (39)	Cool	05:03.76				
6		Marina Bekisz (57)	Cool	05:21.10				
7		Els Wermenbol (63)	Cold	05:29.03				
8		Dagmar den Ouden (39)	Cool	05:37.24				

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	03:24.98				

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mark Koitka (39)	Cold	05:16.76				

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Barbara van Paassen (39)	Cool	05:03.76				
2		Dagmar den Ouden (39)	Cool	05:37.24				



Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (40)	Cold	03:11.60				

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Marcus Reineke (48)	Ice	03:14.51				
2		Martin Kuchenmeister (48)	Cold	03:39.33				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (47)	Cold	03:51.07				
2		Antje Mexner (48)	Ice	03:58.76				

3  Mark Thies (48) Cold 03:40.82

3  Kathrin Runge (48) Cold 04:25.74

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Stefan Runge (50)	Cold	03:09.29				
2	 alexandre fuzeau (51)	Ice	04:17.60				

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Marina Bekisz (57)	Cool	05:21.10				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Els Wermenbol (63)	Cold	05:29.03				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					





Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

100m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (40)	Cold	01:20.69				
2		Mark Thies (48)	Cold	01:34.42				
3		Martin Kuchenmeister (48)	Cold	01:35.31				
4		alexandre fuzeau (51)	Ice	01:55.81				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	01:37.38				
2		Britta Uhde (47)	Cold	01:45.06				
3		Antje Mexner (48)	Ice	01:49.37				
4		Kathrin Runge (48)	Cold	02:05.02				
5		Margrit Rudolph (63)	Cool	02:14.56				
6		Marina Bekisz (57)	Cool	02:23.01				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	01:37.38				

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Raymond Oosterbaan (40)	Cold	01:20.69				

Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mark Thies (48)	Cold	01:34.42				
2		Martin Kuchenmeister (48)	Cold	01:35.31				

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (47)	Cold	01:45.06				
2		Antje Mexner (48)	Ice	01:49.37				
3		Kathrin Runge (48)	Cold	02:05.02				

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  alexandre fuzeau (51) Ice 01:55.81 NONE

Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Marina Bekisz (57)	Cool	02:23.01				

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Margrit Rudolph (63)	Cool	02:14.56				

Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

50m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		alexandre fuzeau (51)	Ice	00:42.02				
2		Ralf Jänike (39)	Cool	00:44.82				

Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ralf Jänike (39)	Cool	00:44.82			

Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		alexandre fuzeau (51)	Ice	00:42.02			

Age 55 to 59 (Male)

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	00:39.50				
2		Britta Uhde (47)	Cold	00:39.92				
3		Antje Mexner (48)	Ice	00:43.33				
4		Margrit Rudolph (63)	Cool	00:54.66				

Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Birgit Bonauer (31)	Cold	00:39.50			

Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Britta Uhde (47)	Cold	00:39.92			
2		Antje Mexner (48)	Ice	00:43.33			

Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 60 to 64 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 60 to 64 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1	 Margrit Rudolph (63)	Cool	00:54.66				
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Age 65 to 69 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

Age 65 to 69 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

EVENT DETAILS
Amstel Ice Swim
Sat, 30th December, 2017
Amsterdam

Country:	Netherlands	Water Temperature:	4.50°C
Country Association:	Netherlands	Air Temperature:	4.90°C
World Champs:	No	Wind Speed:	27.0 km/h
National Champs:	No	Wind Chill:	0.2°C
Referee:	Cor Hesterman	Course:	Open Water
Medical Officer:	Jacobus Guijt	Fresh/Salt Water:	Fresh
IISA Official:	Christa Hesterman	Event Distances:	1000m Freestyle 500m Freestyle 200m Freestyle 100m Freestyle 50m Freestyle
Event Director:	Fergil Hesterman		
Event Contact:	Fergil Hesterman		
Event Email:	fergil@iisa.nl		