



# EVENT RESULTS

## 7th Ice Swim in Morocco

Sat, 27th January, 2024

Aguelmam Azegza Lake (Khénifra), Morocco



### 1000m Freestyle Results

#### OVERALL (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kamal Nasrollah (54)	Cold	21:18.00				
2	Alexandre Jobert (32)	Cold	25:54.00				

#### OVERALL (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kanza Yous (26)	Cold	23:34.00				

#### Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Kanza Yous (26)	Cold	23:34.00				

#### Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	Alexandre Jobert (32)	Cold	25:54.00				

#### Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 35 to 39 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 40 to 44 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 45 to 49 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 50 to 54 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

#### Age 50 to 54 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
NONE							

1  Kamal Nasrollah (54) Cold 21:18.00

NONE

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					



**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 500m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	09:09.00				
2		Baaoui Hassan (41)	Cool	15:16.00				

### Junior (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 18 to 24 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 25 to 29 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 30 to 34 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	09:09.00				

### Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Baaoui Hassan (41)	Cool	15:16.00				

### Age 45 to 49 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 50 to 54 (Male)



CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 55 to 59 (Male)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 60 to 64 (Male)

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	10:59.00				
2		Nadia Kraimi (51)	Cool	14:38.00				

### Junior (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 18 to 24 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 25 to 29 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 30 to 34 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 35 to 39 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					


### Age 40 to 44 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	10:59.00				

### Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Nadia Kraimi (51)	Cool	14:38.00				

### Age 55 to 59 (Female)

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

### Age 60 to 64 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

CA Swimmer Name IISA Time AR ER WR WC

NONE

**Age 65 to 69 (Male)**

CA Swimmer Name IISA Time AR ER WR WC

NONE

**Age 65 to 69 (Female)**

CA Swimmer Name IISA Time AR ER WR WC

NONE

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## 250m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Baraka (37)	Ice	04:23.00				
2		Mohamed Amine (29)	Cool	05:59.00				
3		HERVE THOMMASSON	Cool	06:21.00				

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohamed Amine (29)	Cool	05:59.00				

### Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


### Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Baraka (37)	Ice	04:23.00				

### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					


### Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

### Age 55 to 59 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		HERVE THOMMASSON (58)	Cool	06:21.00				

### Age 55 to 59 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE

**Age 65 to 69 (Female)**













CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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NONE





**CA** = Country Association   **Time** = Swim Time (mm:ss:cc)   **IISA** = IISA Membership Level

## 100m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cool	01:14.76				
2		reda Moussaoui (39)	Cool	01:24.53				
3		yassine boucetta (30)	Cool	01:35.77				
4		Abdeljalil AITHBIBI (37)	Cool	01:38.47				
5		Houda Khattabi (41)	Cool	01:46.70				
6		Najib Benallal (47)	Cool	01:51.00				
7		Michal Starosolski (42)	Cool	01:53.66				
8		Marouane Lazrag (30)	Cool	02:07.69				
9		Hassan Chahi (58)	Cool	02:13.94				
10		SalahEddine Abbou (21)	Cool	02:14.99				
11		Philippe FAVARD (69)	Cool	02:47.48				
12		Maliji Badr Eddine (34)	Cool	02:59.47				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	01:28.93				
2		Claudine Schafer (57)	Cool	01:29.77				
3		Kirstie Boyd (35)	Cool	01:38.72				
4		Ghita Naciri (25)	Cool	02:45.47				


## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		SalahEddine Abbou (21)	Cool	02:14.99				

## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Ghita Naciri (25)	Cool	02:45.47				



## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		yassine boucetta (30)	Cool	01:35.77				
2		Marouane Lazrag (30)	Cool	02:07.69				
3		Maliji Badr Eddine (34)	Cool	02:59.47				


## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		reda Moussaoui (39)	Cool	01:24.53				
2		Abdeljalil AITHBIBI (37)	Cool	01:38.47				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Kirstie Boyd (35)	Cool	01:38.72				


**Age 40 to 44 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cool	01:14.76				
2		Houda Khattabi (41)	Cool	01:46.70				
3		Michal Starosolski (42)	Cool	01:53.66				

**Age 40 to 44 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 45 to 49 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Najib Benallal (47)	Cool	01:51.00				

**Age 45 to 49 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	01:28.93				


**Age 50 to 54 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 50 to 54 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 55 to 59 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Hassan Chahi (58)	Cool	02:13.94				

**Age 55 to 59 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Claudine Schafer (57)	Cool	01:29.77				


**Age 60 to 64 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 60 to 64 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

**Age 65 to 69 (Male)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Philippe FAVARD (69)	Cool	02:47.48				

**Age 65 to 69 (Female)**

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level



## 50m Freestyle Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:32.02				
2		Mohammed Salim TAOUFIK (30)	Cool	00:36.80				
3		Abdeljalil AITHBIBI (37)	Cool	00:38.56				
4		yassine boucetta (30)	Cool	00:38.56				
5		Mohammed Houdali (25)	Cool	00:39.95				
6		Houda Khattabi (41)	Cool	00:43.69				
7		Oussama Metyar (26)	Cool	00:44.80				
8		Vladimir Tarasov (46)	Cool	00:48.22				
9		mohammed lahmidat (20)	Cool	00:48.83				
10		Najib Benallal (47)	Cool	00:49.04				
11		Abd El karim Azarkou (32)	Cool	00:50.03				
12		SalahEddine Abbou (21)	Cool	00:50.98				
13		MUSTAPHA NADIFI (53)	Cool	00:53.94				
14		OUAQQA Soufiane (38)	Cool	00:54.95				
15		Rachid Oufaraj (27)	Cool	00:55.94				
16		Akram Riali (34)	Cool	00:56.62				
17		Houcine Aitraiss (29)	Cool	00:57.54				
18		Rachid Bezzaz (35)	Cool	00:57.54				
19		Philippe FAVARD (69)	Cool	01:06.77				
20		Maliji Badr Eddine (34)	Cool	01:06.86				
21		BEKKAL Mouhcine (36)	Cool	01:11.50				
22		Youssef Nadifi (55)	Cool	01:16.07				
23		ABDELALI GUOUNAIN (25)	Cool	01:26.02				
24		Mouhsine Kassoum (40)	Cool	01:26.02				
25		Soufiane Zahrane (43)	Cool	01:37.04				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:37.15				
2		Claudine Schafer (57)	Cool	00:40.60				
3		Jaimie Monahan (45)	Ice	00:40.66				
4		Pollyanna Downes (49)	Cool	00:48.36				
5		Zoe Podmore (55)	Cool	01:02.62				
6		Tere Fuster (26)	Cool	01:03.03				
7		Soukaina Rizki (28)	Cool	01:29.88				
8		Amina Hachimi (38)	Cool	01:38.01				
9		Majda ALAOUI (64)	Cool	01:45.46				
10		Tahfi Soukaina (31)	Cool	02:04.24				
11		Salwa Assaid (46)	Cool	02:20.04				
12		Rajae Hassar (31)	Cool	02:39.95				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		mohammed lahmidat (20)	Cool	00:48.83				
2		SalahEddine Abbou (21)	Cool	00:50.98				



## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohammed Houdali (25)	Cool	00:39.95				
2		Oussama Metyar (26)	Cool	00:44.80				
3		Rachid Oufaraj (27)	Cool	00:55.94				
4		Houcine Aitraiss (29)	Cool	00:57.54				
5		ABDELALI GUOUNAIN (25)	Cool	01:26.02				



## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tere Fuster (26)	Cool	01:03.03				
2		Soukaina Rizki (28)	Cool	01:29.88				





## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohammed Salim TAOUFIK (30)	Cool	00:36.80				
2		yassine boucetta (30)	Cool	00:38.56				
3		Abd El karim Azarkou (32)	Cool	00:50.03				
4		Akram Riali (34)	Cool	00:56.62				
5		Maliji Badr Eddine (34)	Cool	01:06.86				



## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tahfi Soukaina (31)	Cool	02:04.24				
2		Rajae Hassar (31)	Cool	02:39.95				


## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Abdeljalil AITHBIBI (37)	Cool	00:38.56				
2		OUAQQA Soufiane (38)	Cool	00:54.95				
3		Rachid Bezzaz (35)	Cool	00:57.54				
4		BEKKAL Mouhcine (36)	Cool	01:11.50				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:37.15				
2		Amina Hachimi (38)	Cool	01:38.01				



## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:32.02				
2		Houda Khattabi (41)	Cool	00:43.69				
3		Mouhsine Kassoum (40)	Cool	01:26.02				
4		Soufiane Zahrane (43)	Cool	01:37.04				




## Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Vladimir Tarasov (46)	Cool	00:48.22				
2		Najib Benallal (47)	Cool	00:49.04				

## Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	00:40.66				
2		Pollyanna Downes (49)	Cool	00:48.36				
3		Salwa Assaid (46)	Cool	02:20.04				

## Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Age 50 to 54 (Female)



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  MUSTAPHA NADIFI (53) Cool 00:53.94 NONE

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Youssef Nadifi (55)	Cool	01:16.07				


**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Claudine Schafer (57)	Cool	00:40.60				
2	 Zoe Podmore (55)	Cool	01:02.62				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Majda ALAOUI (64)	Cool	01:45.46				

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Philippe FAVARD (69)	Cool	01:06.77				

**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

## PARA Category: 50m Freestyle Results

### OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		BEKKAL Mouhcine	Cool	01:11.50				

### OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

### Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		BEKKAL Mouhcine	Cool	01:11.50				











### Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
								NONE

CA = Country Association    Time = Swim Time (mm:ss:cc)    IISA = IISA Membership Level

## 50m Breaststroke Results

## OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Alain Simac (42)	Cold	00:40.16				
2		Amine KHANBOUBI (35)	Cool	00:41.77				
3		HERVE THOMMASSON (58)	Cool	00:47.33				
4		Mohammed Salim TAOUFIK (30)	Cool	00:47.33				
5		reda Moussaoui (39)	Cool	00:48.73				
6		Vladimir Tarasov (46)	Cool	00:49.69				
7		Abd El karim Azarkou (32)	Cool	00:58.20				
8		Oussama Metyar (26)	Cool	00:58.72				
9		Abdeljalil AITHBIBI (37)	Cool	00:59.43				
10		Rachid Oufaraj (27)	Cool	01:21.39				

## OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Jaimie Monahan (45)	Ice	00:49.49				
2		Sam Deave (35)	Cool	00:51.35				
3		Tere Fuster (26)	Cool	00:56.03				
4		Pollyanna Downes (49)	Cool	00:58.12				
5		Meryam Benstitou (34)	Cool	00:59.97				
6		Kirstie Boyd (35)	Cool	01:00.05				
7		Ghita Naciri (25)	Cool	01:03.10				
8		Zoe Podmore (55)	Cool	01:04.21				
9		Majda ALAOUI (64)	Cool	01:43.84				

## Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

## Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					



## Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Oussama Metyar (26)	Cool	00:58.72				
2		Rachid Oufaraj (27)	Cool	01:21.39				


## Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Tere Fuster (26)	Cool	00:56.03				
2		Ghita Naciri (25)	Cool	01:03.10				




## Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Mohammed Salim TAOUFIK (30)	Cool	00:47.33				
2		Abd El karim Azarkou (32)	Cool	00:58.20				



## Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Meryam Benstitou (34)	Cool	00:59.97				

## Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Amine KHANBOUBI (35)	Cool	00:41.77				
2		reda Moussaoui (39)	Cool	00:48.73				
3		Abdeljalil AITHBIBI (37)	Cool	00:59.43				

## Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Sam Deave (35)	Cool	00:51.35				
2		Kirstie Boyd (35)	Cool	01:00.05				

## Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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## Age 40 to 44 (Female)



	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
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1  Alain Simac (42) Cold 00:40.16 NONE

**Age 45 to 49 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Vladimir Tarasov (46)	Cool	00:49.69				

**Age 45 to 49 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Jaimie Monahan (45)	Ice	00:49.49				
2	 Pollyanna Downes (49)	Cool	00:58.12				


**Age 50 to 54 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 50 to 54 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 55 to 59 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 HERVE THOMMASSON (58)	Cool	00:47.33				

**Age 55 to 59 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Zoe Podmore (55)	Cool	01:04.21				

**Age 60 to 64 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 60 to 64 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1	 Majda ALAOUI (64)	Cool	01:43.84				

**Age 65 to 69 (Male)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

**Age 65 to 69 (Female)**

CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
		NONE					

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level

**EVENT DETAILS**  
**7th Ice Swim in Morocco**  
**Sat, 27th January, 2024**  
**Aguelmam Azegza Lake (Khénifra)**

<b>Country:</b>	Morocco	<b>Water Temperature:</b>	0.00°C
<b>Country Association:</b>	Morocco	<b>Air Temperature:</b>	0.00°C
<b>GPS Location:</b>	32.58° N 5.26° W	<b>Wind Speed:</b>	0.0 km/h
<b>Altitude:</b>	1475m	<b>Wind Chill:</b>	0.0°C
<b>World Champs:</b>	No	<b>Course:</b>	Open Water
<b>National Champs:</b>	Yes	<b>Fresh/Salt Water:</b>	Fresh
<b>Referee:</b>	Hassan Baraka	<b>Event Distances:</b>	1000m Freestyle
<b>Medical Officer:</b>	Michal Starosolski		500m Freestyle
<b>IISA Official:</b>	Hassan Baraka		250m Freestyle
<b>Event Director:</b>	Hassan Baraka		100m Freestyle
<b>Event Contact:</b>	Hassan Baraka		50m Freestyle
<b>Event Email:</b>	contact@swiminmorocco.com		50m Breaststroke