



EVENT RESULTS

The Cape Town Freeze

Sun, 1 Sep 2024 - Thu, 5 Sep 2024

Cape Town, South Africa, South Africa



200m Freestyle Results

OVERALL (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Aaron Frome	Warm	00:00.00				

OVERALL (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Junior (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 18 to 24 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 25 to 29 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 30 to 34 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
1		Aaron Frome	Warm	00:00.00				

Age 30 to 34 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 35 to 39 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 40 to 44 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 45 to 49 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC
			NONE					

Age 50 to 54 (Male)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC

Age 50 to 54 (Female)

	CA	Swimmer Name	IISA	Time	AR	ER	WR	WC

NONE

NONE

Age 55 to 59 (Male)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 55 to 59 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 60 to 64 (Male)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 60 to 64 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 65 to 69 (Male)

CA Swimmer Name IISA Time AR ER WR WC

NONE

Age 65 to 69 (Female)

CA Swimmer Name IISA Time AR ER WR WC

NONE

CA = Country Association Time = Swim Time (mm:ss:cc) IISA = IISA Membership Level