



EVENT RESULTS


The Cape Town Freeze

Sun, 1 Sep 2024 - Thu, 5 Sep 2024

Cape Town, South Africa, South Africa



4 x 250m Country Relay Freestyle Results

Team Name		Time	Team Members
1	 Team SA	00:00.00	Simon Edge (COOL, Male,53, South Africa) Ram Barkai (ICE, Male,66, South Africa) Helen Casseday (WARM, Female,55, United States) Samantha Fulcher (WARM, Female,58, England)

Time = Swim Time (mm:ss:cc)